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Governor Edmund G. Brown Jr.

State of California
Business, Consumer Services and Housing Agency
Department of Consumer Affairs

NEW OPTION FOR SUPERVISED EXPERIENCE CATEGORIES AVAILABLE JANUARY 1, 2016 FOR LMFT AND LPCC APPLICANTS

A new streamlined option for the categories of supervised experience that can be claimed will be available effective January 1, 2016* for LMFT and LPCC applicants.

Hours gained after January 1, 2010 can now qualify under either Option 1 (new streamlined categories) or Option 2 (pre-existing multiple categories) as described below. Applicants must fully qualify under Option 1 OR Option 2. There is no "mixing and matching" between the two categories.

Individuals who wish to qualify under Option 2 <u>must</u> submit an *Application for Licensure* and *Examination* postmarked no later than December 31, 2020. Otherwise the applicant must qualify under Option 1.

*Per Senate Bill 620, Chapter 262, Statutes of 2015

LMFT OPTION 1 (new streamlined categories)

Under the new option, the supervised work experience categories break down into just two overall types:

- Direct counseling experience (Minimum 1,750 hours)
 - A minimum of 500 of the above hours must be gained diagnosing and treating couples, families and children.
- Non-clinical experience (Maximum 1,250 hours)
 - May consist of direct supervisor contact, administering and evaluating psychological tests, writing clinical reports, writing progress or process notes, client centered advocacy, and workshops, seminars, training sessions, or conferences

LMFT OPTION 2 (pre-existing multiple categories)

- a. Individual Psychotherapy (No minimum or maximum hours required)
- b. Couples, Families, and Children (Minimum 500 hours up to 150 hours may be double-counted)
- c. Group Therapy or Counseling (Maximum 500 hours)
- d. Telehealth Counseling (Maximum 375 hours)
- e. Workshops, seminars, training sessions, or conferences directly related to marriage, family, and child counseling (Maximum 250 hours)
- f. Personal Psychotherapy Received (Maximum 100 hours, triple counted)

| | 2010 & 2011 | 2012 & Later |
|---|-----------------------------|------------------------------|
| g. Administering and evaluating psychological tests of counselees, writing clinical reports and progress or process notes | Max 250 hours | Max 500 hours combined |
| h. Client-Centered Advocacy | Max 1,250 hours | |
| i. Direct Supervisor Contact | Combined Max 1,250 hours | Max 1,000 hours |

LPCC OPTION 1 (new streamlined categories)

Under the new option, the supervised work experience categories break down into just two overall types:

- Direct counseling experience (Minimum 1,750 hours)
 - Must include minimum of 150 hours of clinical experience in a hospital or community mental health setting
- Non-clinical experience (Maximum 1,250 hours)
 - May consist of direct supervisor contact, administering and evaluating psychological tests, writing clinical reports, writing progress or process notes, client centered advocacy, and workshops, seminars, training sessions, or conferences

LPCC OPTION 2 (pre-existing multiple categories)

- a. Direct Counseling with Individuals, Groups, Couples or Families (Minimum 1,750 hours)
- b. Group Therapy or Counseling (Maximum 500 hours)
- c. Telehealth Counseling (Maximum 375 hours)
- d. Maximum 1,250 hours that include all of the following:
 - Workshops, seminars, training sessions, or conferences directly related to marriage, family, and child counseling (Maximum 250 hours)
 - Administering and evaluating psychological tests of counselees, writing clinical reports and progress or process notes (*Maximum 250 hours*)
 - Client-Centered Advocacy
 - Direct Supervisor Contact